



# YOUR ALL-IN-ONE RESOURCE

Everyone deserves the enriching and rewarding experience of travel and playful adventures. Use this guide to start planning your autism-friendly vacation!



AutismTravel.club

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AutismTravel.club



SCAN THE CODE to download my contact information

# CREATE LASTING MEMORIES

Start planning your autism-friendly vacation!

AutismTravel.club

ATC PREMIER AMBASSADOR



# PLANNING NOTES (Calls, dates, times, names, and details)




## GO

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## STAY

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## EAT

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## PLAY

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### PACKING ESSENTIALS

What do we need?

- ATC Card (this is digital)
- Medication/medical documents
- Snacks & familiar foods
- Ear defenfders
- Sunglasses
- Communication device
- Bug spray
- Sunblock
- iPad/phone
- Chargers
- Comfort item/sensory toys



## PACK

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## OTHER

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**START HERE**



DOWNLOAD the ATC Autism Travelers App!

**HOW WILL WE GET THERE?**

Circle your choice!



ROAD



AIR



WATER

**GO**

**WHERE DO WE WANT TO GO?**

Circle your choice!



MOUNTAINS



BEACH



LAKE



AMUSEMENT PARKS

**TRAVEL TIME**

How long it takes to get to our destination?

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**TRAVEL LOGISTICS**

What supplies or support do we need to consider for the trip?

**FLYING:**

- TSA Support
- Airport Support

**DRIVING:**

- Rest Stops
- Overnight Stop/Hotel

**LODGING**

What accomodation will we choose?



RESORT/HOTEL



CAMPGROUND



HOUSE/CONDO



FRIENDS & FAMILY

What ammenities do we need to consider?

- Kitchen
- Adjoining Rooms
- Secured Pool
- Lifeguards
- Onsite Dining
- Nearby Dining
- Organized Activities

**PLAY**

**WHAT WILL WE DO?**

What activities will we do?

- Sports: golf, running, hiking, surfing, swimming
- Attractions: aquarium, mini golf, trampoline park
- Outdoor: biking, horseback riding, fishing
- Live Music
- Movies
- Water park
- Amusement park

**WHERE WILL WE EAT?**

- RESTAURANTS**
  - ATC Autism Ready
  - Gluten-free
  - Dye-free
  - Cassen-free
  - Dairy-free
- IN-HOME/HOTEL:**
  - Kitchenette & Appliances
  - Nearby Grocery Store
  - Grocery Delivery/Pickup
- PICNICS/BROWN BAG**
- DRIVE-THRU/TAKE OUT**

**EAT**

**STAY**

**ACCOMODATION REQUESTS**

What details do we need to consider?

- ATC Autism Ready
- Door & window locks
- Away from ice maker/elevator
- Check-in/Check-out time
- Curbside or expedited check-in
- Sales desk/presentation at check-in  
If so, is there an option to opt out?
- High floor vs. low floor